

**Complete description for the sea level traverse from Rowland's Magical Mystery Tour to Rowland's Ultimate Journey. 408m. E1.**

3/3/1V/1V/V/V/3/1V/1V/1V/1V/1V/6a/6a.  
(Diff/Diff/4a/4c/4c/v.Diff/4b/4b/4b/4b/4b/4a/5b/5b).

This is a complete description of the actual traverse without any information of the other routes leading off from this traverse

**Approach.**

From the car park for Toix West follow the track south below the rocks and scree of Toix West. Descend until the path splits at the bottom of the slope and then contour around the hillside following a cairned track for about 1km. About half way along this track it makes a zig zag down a wide gully then continues contouring to just above a large boulder on the right. Go down to this and you will see the large metal stakes driven into the rock. These are used to abseil from.

**Description from the bottom of the ladders.**

Walk to left (looking in) to the rock step separating the two cave.

1. 25m. 3. (diff). Traverse left to the arete and then left again, descending into the Candelabra Del Sol cave.

40m Walk and scramble left along ledges to the edge of the left wall and step round left onto a good ledge Belays.

2. 10m. 3. (V Diff). Climb the wide crack on the left to a ledge.

15m. Descend the ledge left into a hollow just before the edge of the buttress

3. 20m. 1V-. (4b). Traverse left (Old peg) to the arete and climb round this into a large scoop ( One poor bolt ) and pull up over the overlap into an even larger scoop . Belay on poor bolts or two Enp's (Rock 3).

4. 20m. 1V. ( 4a). From the belay traverse left around a pillar and cross over onto the far slab. climb this up to the next bay higher up..

5. 25m. Abseil. Enter the narrow cave and abseil from the thread until you are in the bay just above the sea.

6. 30m. V. (4c/5a). Climb round the left edge onto the sea face and traverse left to a narrow cleft. This can be passed in two ways. If the sea is calm make a low delicate traverse or if the sea is rough take a slightly high one. Either way you end up on the far side of the cleft below a very steep and overhanging crack line.

6a. An alternative when the sea is rough and the narrow cleft is wet.

30m. V. (4c). Just before the cleft is reach climb up the steep crack to a narrow chimney which lead to a good ledge and thread belays. Now abseil 20m onto ledges below and on the opposite side of the cleft.

7. 18m. 3. (Very Difficult). Cross the gully onto ledges and follow these until a buttress is reached . Belay (thread high up).

There are two ways of reaching Promised land from here.

(A) good climbing in an exciting position and the original climb.

11a. 20m. V. (4c). Very Severe. Descend leftwards onto the ledges which cross below a slab. Follow these until you reach a corner. Belay here on nuts or make a move lower to an excellent thread but hanging belay.

12a. 20m. 4c very severe. Continue to traverse left along thin flakes and small foot holds until you reach a good stance below a steep pillar.

***This stance can also be reached by two abseils from above.***

11b. 50m V. (4b) Severe. Step down and round the corner then up onto the slab and follow small flakes which traverse the whole length of the slab. Some old pegs at 25m. You eventually arrive at a small ledge and belays just before the step down.

12b 10m. 1V. (4b). Step down left and descend to the ledge below and good nut belays.

13. 25m. 1V. (4b). Climb left and cross the wide gully onto the opposite slab. Continue left to a good sloping ledges and peg/Cams belay.

14. 45m. 1V. (4b). Go left to a pillar and climb down its far side onto a traverse line going left. Follow this to a thread runner, (alternative pitch possible here) continue to follow the crack in the wall to reach a good ledge below steep rock. (some old pegs)

15. 10m to abseil point (threaded runner). Climb left to the thread and abseil 20m diagonally left to a small ledge And good peg /nut belays.

Alternative pitches to 14/15.

15b. 15m Make a 15m abseil to a good thread belay just above the sea.

16b. 25m V. (4c) Traverse left to the corner and a bolt. Lower off this to reach the next traverse line going left into a good crack.

17b. 20. 1V. (4b). Climb the crack and then traverse left to a small ledge and belays. Peg/nuts. You are now back on route.

16. 20m 1V. (4a). Move left to the sloping ramp which leads to a good ledge and belays.

18. 35m 6a. (5b). Climb directly to the crack above and climb the wall just on its left, moving right at the top, onto a good ledge. Climb direct to another ledge and then climb

steeply up the wall above. Traverse left into the far corner crack and follow this to a good hanging belay. (Bolts).

19. 45m. 6a. (5b). Climb the steep crack on the left and follow the steep wade groove and then the slab above to reach the top of the route. Bolt belays.

First complete ascent. Rowland Edwards. Pieter Minnaar. Bas Van Roon. 17<sup>th</sup> May 2003.